



Introduction

During Advent this year, we are exploring how a bigger view of God overcomes the small fears that hold us back from fulfilling God's will. As our understanding of God deepens, we will feel a reverent awe that reorients our hearts, replacing crippling fear with the courage that comes from trusting in God's power and promises. Today, we will discuss the fear of being alone and see God's provision for our loneliness.

Study Questions

Read the following Scriptures: Isaiah 41:10, Psalm 68:5, Matthew 28:20, Matthew 1:22-23 and answer the following questions.

1. How does God's presence address the fear of being alone (Isaiah 41:10)?
2. What does Psalm 68:5 reveal about God's character and His care for the vulnerable and abandoned?
3. In Matthew 28:20, Jesus promises to be with the disciples "until the end of the age." How can this promise provide comfort in times of loneliness?
4. Reflect on Jesus' birth. What does the name "Immanuel" (God with us) show us about God's plan for humanity and His heart for His people?

Application Questions

1. Reflect on a time when you felt lonely or abandoned. How did God demonstrate His presence during that time?
2. Which of the promises in Isaiah 41:10 or Matthew 28:20 do you struggle most to believe? How can these verses help you trust God's presence more deeply?
3. How can understanding the mystery and wonder of the Incarnation help you in times of loneliness this holiday season?
4. How can you demonstrate God's love and presence to someone in your life who may feel lonely this season? What practical steps can you take to reflect God's heart for them?