

# D6 EveryDay™ Parent Page

Date | **July 3, 2022** Family Theme | **God Blesses the Righteous**  
Study Text | **Psalms 1:1-6**

**Objective:** Family members experience God's blessings as they avoid sinful influences and live according to God's Word.

**How This Lesson Fits in the Story of the Bible:** The Psalms were written by various authors and come from various periods of Israel's history from Moses to the postexilic times. They were set to music and used in the worship of God. Many were written by David. Psalm 1 set the stage for the rest of the Psalms and focused on learning and applying God's Word to life.

**Bible Basics:** Memorize the names and order of books 18 through 22 of the Old Testament (Job, Psalms, Proverbs, Ecclesiastes, and Song of Solomon) this week and work with family members to do so as well.

## Read the Word: Psalm 1:1-6

## Disciple Your Kids

Talk with your family about how those who avoid evil influences and learn and apply God's Word find deep joy, happiness, and spiritual blessing no matter their circumstances.



### **Key Truth: Believers Who Avoid Ungodly Influences and Delight in God's Word Are Happy, Blessed, and Spiritually Prosperous (Psalm 1:1-3)**

The psalms represent a wide variety of human experience and emotion. But the word that launches the entire book is *blessed*. This is not just feeling good, at ease, or just shy of giddy. It does not even rule out being sad or in pain. It refers to deep contentment that comes from the special relationship with God that only the redeemed experience. Those who want to be blessed must exclude themselves from the kinds of entanglements with the lost that will result in being influenced by them. In contrast, the blessed person delights in the Law of the Lord. They read and study God's Word. They meditate on it. It is always on their minds. They think about it and dwell on its meaning and consider how to put it into practice. The blessed are like a flourishing fruit tree planted near streams of water. It thrives. It produces fruit. Our delight in God's Word helps us put down roots, draw in spiritual nourishment, and pass it along as fruit for the benefit of others.



### **Key Truth: The Ungodly Are Headed for Judgment and Eternal Destruction (Psalm 1:4-6)**

Verse 4 paints the situation of the wicked. In contrast to the righteous, they produce no fruit helpful to others. God will separate them from His people. They disappear like chaff in a stiff breeze. Delighting in the law of the Lord, however, brings fruitfulness and durability. The psalm contrasts the two distinct ways of approaching life: 1) scoffing and rebellion, and 2) delighting in God's law. The last two verses contrast the eternal outcomes those two approaches produce. The wicked will not stand in the judgment nor sit in the company of God's righteous people. God's care and concern, however, ensure victory for the blessed. They will stand in the judgment and experience the blessings of Heaven. We must look for opportunities to warn the wicked and share with them the love of Christ.

# Discussion Starters

Use one or more of the following questions as discussion starters with family members this week. Questions in **bold** will be good to use with elementary age children.

- What does it mean to be blessed in Psalm 1?
- How can we keep from being pulled away from God by ungodly people around us?
- What does it mean to delight in God's Word?
- Why is it important for God's Word to be the greatest influence in our lives?
- **What does it mean to meditate on God's Word?**
- How do avoiding evil influences and meditating on God's Word give us spiritual strength and stability?
- How might you need to limit the sinful influences around you?
- **How could you give God's Word a greater influence in your life?**
- **What does *righteousness* mean?**

## Everyday Extras

Act out Psalm 1:1 together so your child can see the progression of interacting with those who do not follow Christ. Water a houseplant together and check back on it in ten minutes to see if it changes. Show your child the difference between the grass clippings (chaff) that the wind can blow away and the grass that is planted in your yard. Use the powerful word pictures in Psalm 1 to talk about the blessings of God on those who love His Word and follow Him.

Have each member of the family put a paper plate on his or her head, then follow the instructions you give (one at a time) about what to draw on it, without being able to see what they are drawing. First have them draw a tree. Then tell them to add a nearby stream of water. They should then draw fruit hanging on the tree, add a bird's nest in the tree, and complete it with a squirrel at the bottom of the tree. Enjoy seeing one another's creations and score points for accuracy if you want to! Remind each other that it took *meditation* to carefully consider your instructions and draw the pictures.

## Preschool Highlights for SQUARE 1 & ROUND 2

Today your child learned David was a shepherd who took care of his sheep. He or she also learned David wrote many songs, called psalms, that we can read in the Bible. Psalm 23 is one of them, and, in it, David described God as our Shepherd. We are God's sheep, and He takes care of us. I am glad **The Lord Is My Shepherd.**